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Opinion Article

What Kind of Doctor Does a Self-Regulatory System Need?.

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Opinion

When asking such a question, you see confusion in the doctor's eyes. Experts from other fields of science will say that such a system does not allow any interference in its operation. So, what should we do, how should we be treated when joint pain, headaches and migraines appear, when arterial blood flow is disrupted in the area of the heart, feet and brain? Today, 96% of the population is diagnosed with deformities in the skeletal structures of the feet and spine, 90% of hyperactive children are not allowed to go to school without special pills. But no one thinks about the fact that all diseases are interconnected, and highly specialized doctors fight the body's reactions, but not the causes. In all this, ignorance of the physiology of a self-regulating organism is seen. That all processes in the body are related to cell metabolism. Skeletal muscles are responsible for these processes, the pumping function of which is disrupted due to deformations in the musculoskeletal frame of the body and in their joints. They occur because each person has a difference in leg lengths. For this reason, the body tends to fall, but unconditioned reflexes shifting the bones in the joints of the legs, pelvis, and spine give it a stable vertical position. This is how scoliotic posture is formed. Without understanding this, specialists are trying to correct scoliosis and flat feet. They hold and raise the inner arch with insoles, turning it into a flat foot.

Whatever actions of doctors we analyze, they indicate their unwillingness to work with a complex self-regulatory system in which physical, biomechanical, thermophysical and other processes take place that are not studied in medical universities. So, speaking about the disruption of arterial blood flow, which ranks first in mortality throughout the world, without knowing the laws of hydrodynamics, surgeons perform aor-

tic bypass surgery, and do not restore the venous outflow of blood, its rise to the heart, for which the muscles of the feet are responsible.



Figure 1

Such is the physiology of our body that 55% of body weight is made up of muscles; internal organs are responsible for their activity and nutrition. But the metabolism of their cells also depends on the pumping function of the muscles, how and how much we walk. These processes are associated with movement, the presence of deformations in skeletal structures, disruption of the biomechanics of bone movement, which arises due to the presence of a difference in leg lengths. Even 50 years ago, this difference fluctuated between 3-6mm and less often was 0.8-1cm. Today, in most children it exceeds 1-1.5 cm. This is the reason for scoliosis, distortion of the birth opening of the pelvis in women, and hyperactivity of children. Analyzing everything that has been said, you come to the understanding that the correction of the musculoskeletal framework should begin with compensation for the difference in leg lengths, that this is the therapy of a self-regulating organism. This technique and equipment were developed and awarded a bronze medal in 1986.