

**Research Article**

# Lactic Acid Bacteria from Tarkhineh, A Traditional Iranian Fermented Cereal Product Investigated by Cultivation and 16S rRNA Clone Library. A Short Communication.

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## Abstract

The present study address to characterize the bacterial community of Tarkhineh, a traditional Iranian fermented cereal product, by conventional culturing and 16S rRNA clone library. Twenty-nine lactic acid bacteria (LAB) from culturing on Man, Rogosa and Sharpe agar were identified by 16S rRNA gene sequencing and 55 clones from the 16S rRNA clone library. Discrepancies regarding the identity of the LAB were encountered by the two methods. By cultivation, *Lactobacillus* (*Lb.*) *plantarum* and *Lb. casei* were dominant followed by *Lb. brevis*, *Lb. paracasei*, *Lb. paracasei* subsp. *paracasei*, *Lb. pentosus*, *Lb. zeae* and uncultured bacterium clone MS-238. In contrast, construction of the clone library analysis revealed that the dominant clones belonged to *Lb. paralimentarius*, but *Lb. alimentarius*, *Lb. delbrueckii* subsp. *bulgaricus*, *Lb. kefir*, *Lb. kefiranofaciens* subsp. *kefirgranum*, *Lb. pontis*, *Lactobacillus* sp. and *Pediococcus* were also detected. In addition to LAB, seven clones belonging to *Bacillus* and three bacterium clones were also detected.

**Keywords:** Tarkhineh, Lactic Acid Bacteria, Cultivation and 16S rRNA Clone Library.

## Introduction

According to Ozen and Dinleyici, sophisticated technology in molecular archeology, can trace the use of fermented products as early as 8.000 BC [1]. Tarkhineh is the basic part of a traditional Iranian fermented cereal soup in the west mountain area of Iran. It is compost of grind wheat, soak in fermented milk and the local people use this soup in winter to prevent influenza and reduce symptoms. Based on processing of Tarkhineh it seems that the product could be a good source of lactic acid bacteria (LAB) with remedy functions. Some previous studies have investigated the microbial communities in Tarkhineh by cultivation, but culture-dependent methods do not reflect the true bacteriological community, rather the needs of different growth media for cultivation of certain bacteria [2-6]. Therefore, various culture-independent methods are developed during the last decades e.g., including 16S rRNA clone libraries [7, 8]. Knowledge is accessible on the construction of 16S rRNA clone libraries to evaluate the bacterial diversity of fermented food and milk products e.g., [9-13]. The aim of the present study was construction of a 16S rRNA clone library and compare the results with 16S rRNA sequence analysis of culturable bacteria from Tarkhineh.

## Materials and Methods

### Isolation of Bacterial Strains

Twenty grams of Tarkhineh were inoculated into 200 mL of man, Rogosa and Sharpe (MRS) broth (Fuka, catalogue no. 69966). Isolation of bacteria in tarkhineh was carried out according to the procedure described elsewhere [14]. To avoid time consuming isolation steps and interference with yeast, lactobacilli colonies were selected on MRS agar containing nystatin as suggested elsewhere [15]. Plates were incubated under anaerobic conditions at 37°C for 48 to 72 h and Gram-positive rods and catalase negative were cultured in MRS broth and stored at -80°C until further use.

Purification of bacterial DNA and 16S rRNA gene sequence analysis of culturable bacteria DNA was extracted from 29 randomly selected isolates by a method described elsewhere [16]. The pellet was resuspended in 100 µL deionized water and the concentration of DNA was determined spectrophotometrically at wavelength of 260nm. The DNA was stored at -20°C until further use. The selected strains were identified by 16S rRNA gene sequence analysis as described elsewhere [17].

### Construction of 16S rRNA Clone Library

Bacterial DNA was purified with QIAmp DNA Minikit (Qiagen), according to the manufacturer's protocol for bacterial DNA. The clone library was constructed as previously described [12, 13]. Of the 98 clones isolated, 69 had an insert and amplified 16S rRNA genes of 55 clones were sequenced. Sequences were individually analyzed and edited in the program Chromas Pro. Edited sequences were subjected to Blast search in the NCBI database and subsequently all samples were aligned with selected reference sequences in the BioEdit program.

### Results

#### 16S rRNA gene sequencing of culturable bacteria

The total viable count of the Tarkhineh sample was between  $4.4 \times 10^5$  –  $6.8 \times 10^5$  CFU g<sup>-1</sup>. Twenty-nine LAB strains were randomly selected and examined by microscopy after Gram staining, catalase and oxidase reaction and further characterized by 16S rRNA gene sequencing. The LAB strains and their corresponding accession no. revealed that the culturable bacteria were dominated by strains showing high similarities to *Lactobacillus* (*Lb.*) *plantarum* (11 isolates), *Lb. casei* (six isolates), *Lb. brevis* (four isolates), *Lb. paracasei* subsp. *paracasei* (three isolates), *Lb. paracasei* (two isolates), one isolate to *Lb. pentosus*, *Lb. zeae* (one isolate) and one isolate showing similarity to uncultured bacterium clone MS-238 (Table 1).

**Table 1: Identification of Culturable Bacteria Isolated from Tarkhineh with Partial Sequence of 16S rRNA Genes Referenced to Accession no. in GenBank**

Strain no.	Closest relative (obtained from Blast search)	Accession no.	Similarity (%)
T1	<i>Lactobacillus plantarum</i> isolate L4-1	AB550299	98
T2	<i>Lactobacillus plantarum</i> strain S2	GU292429	95
T3	<i>Lactobacillus plantarum</i> strain KLDS 1.0725	EU626010	97
T4	<i>Lactobacillus plantarum</i> isolate L4-1	AB550299	98
T6	<i>Lactobacillus plantarum</i>	AB494717	97
T8	<i>Lactobacillus plantarum</i> strain IMAU:10272	GU138600	99
T10	<i>Lactobacillus plantarum</i> KLDS 1.0725	EU626010	91
T16	<i>Lactobacillus plantarum</i> strain IMAU700004	GQ131121	98
T19	<i>Lactobacillus plantarum</i>	AB510751	98
T23	<i>Lactobacillus plantarum</i>	AB494717	90
T26	<i>Lactobacillus plantarum</i>	AB494717	98
T9	<i>Lactobacillus casei</i>	AB494735	95
T13	<i>Lactobacillus casei</i>	AB494735	93
T17	<i>Lactobacillus casei</i>	AB494735	97
T18	<i>Lactobacillus casei</i>	AB494735	97
T20	<i>Lactobacillus casei</i>	AB494735	97
T25	<i>Lactobacillus casei</i>	AB494735	91
T11	<i>Lactobacillus brevis</i>	GU369768	91
T14	<i>Lactobacillus brevis</i>	GU138534	98
T15	<i>Lactobacillus brevis</i> strain JS-7-3	GU369768	94
T24	<i>Lactobacillus brevis</i>	AB494718	96
T5	<i>Lactobacillus paracasei</i> subsp. <i>paracasei</i>	AY773951	94
T12	<i>Lactobacillus paracasei</i> subsp. <i>paracasei</i>	FJ861109	94
T29	<i>Lactobacillus paracasei</i> subsp. <i>paracasei</i> tot. 3	AY773951	96
T21	<i>Lactobacillus paracasei</i> strain KLDS1.0658	FJ607302	96
T28	<i>Lactobacillus paracasei</i> strain KLDS1.0658	FJ607302	95
T7	<i>Lactobacillus pentosus</i> strain N3	GU253891	99
T27	<i>Lactobacillus zeae</i>	AB362765	98
T22	Uncultured bacterium clone MS-238	GQ477897	99

### 16S rRNA clone library

Fifty-five clones from the clone library were sequenced and revealed that clones belonging to LAB were dominant and they belonged to: *Lb. paralimentarius*, 31 clones, one clone to *Lb. alimentarius*, three clones to *Lb. delbrueckii* subsp.

*bulgaricus*, *Lb. kefir* (two clones), *Lb. kefiranofaciens* subsp. *kefirgranum* (one clone), *Lb. pontis* (one clone), six clones to *Lactobacillus* and one clone to *Pediococcus parvulus*. In addition, were six clones belonged to *Bacillus* and three uncultured clones detected (Table 2).

**Table 2: Identification of Clones from Tarkhineh with Partial Sequence of 16S rRNA Genes Referenced to Accession no. in GenBank**

Closest relative (obtained from Blast search)	Accession no.	Similarity (%)	No. of clones showing high similarity to the closest relative
<i>Lactobacillus paralimentarius</i> strain 412	EU483111	98	30
<i>Lactobacillus paralimentarius</i> strain DSM 13238	AJ417500	97	1
<i>Lactobacillus alimentarius</i> strain M-M3	FJ4157241	97	1
<i>Lactobacillus delbrueckii</i> subsp. <i>bulgaricus</i> ATCC BAA-365	CP000412	96	1
<i>Lactobacillus delbrueckii</i> subsp. <i>bulgaricus</i> strain IMAU20102	FJ845002	96	1
<i>Lactobacillus delbrueckii</i> subsp. <i>bulgaricus</i> strain IMAU40079	FJ749354	96	1
<i>Lactobacillus kefir</i> strain IMAU450007	FJ749410	96	1
<i>Lactobacillus kefir</i> strain YIT 0222	AB429371	97	1
<i>Lactobacillus kefiranofaciens</i> subsp. <i>kefirgranum</i> strain IMAU50004	FJ749408	96	1
<i>Lactobacillus pontis</i> strain LMG 114187	AJ422032	98	1
<i>Lactobacillus</i> genome sp. C2	AY278620	98	1
<i>Lactobacillus</i> sp.		<96	5
<i>Pediococcus parvulus</i> strain LA1110	FM878597	98	1
<i>Bacillus cereus</i> Q1	CP000227	96	1
<i>Bacillus subtilis</i> strain E9-1	FJ573171	97	1
<i>Bacillus subtilis</i> strain RC24	FJ263368	96	1
Uncultured <i>Bacillus</i> sp. clone W2	FJ863099	97	1
<i>Bacillus</i> sp.		<96	1
<i>Brevibacillus thermoruber</i>	AB362290	96	1
Uncultured bacterium clone p-2370-55G5	AF371474	97	1
Uncultured bacterium clone p-3083-SwA-3	AF371484	97	1
Uncultured bacterium clone AP07K.42	AM275437	97	1

### Discussion

Tarkhineh fermentation occurs mainly by bacteria naturally present in the raw materials included flour, dough, salt, turnip, leaven (mint, red pepper) containing numerous microorganisms including LAB [3, 4]. Due to the popularity of Tarkhineh and its increasing consumption some information is known about the bacterial community of the product [2-6]. In these studies, the bacterial community was evaluated by traditional cultivation. However, as culture-dependent methods provide a rather skewed and restricted presentation of the bacteriological community, we investigated the bacterial community in Tarkhineh by cultivation and 16S rRNA clone library. Of the culturable LAB strains isolated in the present study, were *Lb. brevis*, *Lb. casei*, *Lb. paracasei*, *Lb. pentosus* and *Lb. zeae*, of which culturable *Lb. brevis*, *Lb. casei* and *Lb. pentosus* strains previously reported

in Tarkhineh [5, 18, 19]. In addition, one of the culturable bacteria isolated in the current study, uncultured bacterium clone MS-238, a strain previously isolated from olive-oil mill wastewater revealing high similarity to *Lb. rhamnosus* [20].

Clone library analysis of Tarkhineh revealed several LAB strains, *Lb. alimentarius*, *Lb. delbrueckii*, *Lb. kefir*, *Lb. kefiranofaciens*, *Lb. paralimentarius* and *Lb. pontis* not frequently isolated from Iranian fermented products. The discrepancy determined in the bacterial community determined by culture-dependent and independent methods of Tarkhineh in the present study is a finding previously been reported in variety ecosystems and fermented milk, koumiss from Mongolia [13, 21-25]. 16S rRNA clone library analysis might be more representative of the community in qualitative and quantitative terms especially when the

numbers of clones were enough. Even though relative few bacteria strains were isolated, and few clones investigated, combining partial sequencing of 16S rRNA genes of the culturable bacteria and the 16S rRNA clone library, interesting results were obtained showing a diverse LAB community of the investigated Tarkhineh sample.

Interesting findings reported in previous studies revealing inhibitory effect of LAB isolated from Tarkhineh towards *Escherichia coli* and *Listeria monocytogenes* and *E. coli*, *Pseudomonas aeruginosa*, *Salmonella typhimurium* and *Staphylococcus aureus*, which *S. aureus* was the most susceptible strain [6, 26]. These studies and some other studies revealing probiotic potential characteristics of LAB indicating that LAB isolated from Tarkhineh can be used as suitable supplements to functional foods [19, 27-29]. In addition to the presence of potential probiotics reported associated to Tarkhineh it is of interest noticing that fermentation of Tarkhineh by *Lb. bulgaricus* and *Streptococcus thermophilus* as well as the native probiotics in Tarkhineh binds mycotoxins and thereby reducing the concentrations of aflatoxin M1 and B1 during fermentation [30].

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