

# Dr. Christina Rahm's Emotions on the World Changers Summit on Biohacking

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## 1. Introduction

Many people think of me as a highly regarded bioscience engineer and visionary healthcare pioneer that has over three decades of experience leading cutting-edge biomedical research around the world. I am humbled by this due to the fact that I know that none of this is me, rather it is God guided me with the gifts He has given me. This reputation led me to being asked by H.E. Gabrielle to attend and speak at the inaugural World Changers Summit on Evolutionary Biohacking held at the profoundly prestigious and historic Pontifical Academy of Sciences in Vatican City in the summer of 2023. This amazing experience was personally significant, moving, and professionally profound, as many individuals have discussed in the past when they have been a part of life changing events like this. As the keynote speaker at this historic event, I was part of a collaboration led by H.E. Gabrielle, where he brought together the most important scientific, philosophical, and spiritual minds of our time to collaboratively seek urgent solutions to the most pressing issues confronting humanity in the twenty-first century and beyond. Due to this, I felt profound gratitude, honour, inspiration, and purpose. This genuinely historic Vatican setting is known for impacting world advancement and to be a part of it, was a Honora [1].

Throughout the entire span of my 30+ year career working with passionate dedication across 88 countries worldwide on nearly every continent, I have been deeply devoted to making positive solutions for the world while researching and developing innovative applications for emerging forms of energy, biotechnology, biohacking, and other advanced healthcare modalities. My goal has been to help dramatically improve health outcomes as well as passionately empower all people across the socioeconomic spectrum, regardless of geographic location. I believe it is truly imperative to thrive physically, mentally, emotionally, energetically, and spiritually. In order to do this as a human species, we have to evolve through leveraging the latest evidence-based integrative medical knowledge and procedures from both established and emerging fields [2,3].

My lifelong humanitarian mission stems significantly from my profound and enduring admiration for spiritual individuals like Mother Teresa. While my love in my heart

stems from Jesus Christ, it is His impact on Mother Teresa and her life devoted to children and people that took a firm root during my childhood. Mother Teresa's love of Christ and her completely selfless lifelong devotion to easing unnecessary suffering within impoverished communities while uplifting the lives of the most vulnerable and forgotten across the globe resonated very profoundly with my powerful calling from Christ to leverage scientifically sound innovative advancements across fields such as bioscience engineering, progressive functional medicine, nutrigenomics, and biohacking to substantially increase holistic well-being, longevity, optimized quality of life, and human flourishing across all populations [4,5].

Additionally, I felt sincerely honoured to meaningfully connect at a deeply personal level with the pioneers of this mission and my fellow esteemed speakers, Dr. Gabriele Pao-Pei Andriole and Sir Dustin Plantlet. It was this collaboration at this momentous Summit event, that led to or mutual shared passion and alignments in spearheading monumental positive change on a global scale through the emerging field of evolutionary biohacking. This mutual mission has forged an inspiring, dynamic team synergy amongst the three of us. Professor Andreoli's extensive expertise spanning physics, advanced neuroscience, brain optimization, and elevated human consciousness seamlessly combined with Sir Dustin Plantlet's pioneering leadership pushing boundaries in areas like blockchain technology, digital innovation, and the intersections of biotech with cryptocurrency perfectly complemented my specialized clinical research background and decades of hands-on global health systems experience. Together, the diverse insights, skill sets, and deep dedication of this multidisciplinary triad formed a uniquely powerful foundation for the ambitious mission of the World Changers Summit to substantially advance the ethical application of evolutionary biohacking technologies to improve all lives [6,7].

The World Changers Summit remarkably represented a full realization of the mutual vision to gather and directly convene many of the foremost thinkers, scientists, philosophers, and spiritual leaders exploring the complex intersections of advanced biotechnology, human enhancement, transhumanism, and the deeper ontological connection

between pure science and spirituality [8]. Uniting such an incredibly high calibre of experts and utterly ground-breaking innovation in one within the customarily highly conservative Vatican City setting was unprecedented and genuinely historic. However, the fact that the event proceeded with the full cooperation and blessings of the Vatican itself reflected the Catholic Church coming to recognize that biohacking and transhumanism technologies are increasingly two of the most relevant ethical frontiers facing humanity in the 21st century, frontiers requiring our proactive, forward-thinking engagement and discussions from an early stage to lay a moral foundation [9,10].

I firmly believe the emerging field of responsible, conscience-driven evolutionary biohacking holds revolutionary and likely now inevitable transformative potential to genuinely treat root causes of disease rather than mere symptoms, substantially slow human aging and extend longevity, significantly enhance human cognition as well as physical capacities, and ultimately empower a state of elevated human flourishing on this planet and beyond - if such technologies are developed under strong ethical guidance and applied in a truly holistic manner [2-13].

While I do not believe in altering the DNA on many levels due to God's direction in my heart, I am passionate about solutions that impact the body positively so we are even more in God's and Christ's image. I was led to passionately discuss the fact that while I do not believe in depopulation, I do believe in the evolution of our species so that will be remain even stronger in God's image. In my key Summit lecture, I discussed that the future direction of evolutionary biohacking must entail seamlessly blending unwavering scientific rigor with genuine spiritual wisdom centered on God in order to elevate human consciousness in parallel with optimizing biological functions and capabilities. While the predominant allopathic medical model focuses narrowly on isolating and suppressing symptoms, I believe we are called to focus on specialized functional medicine approach that views health, disease, and the human condition overall through a genuinely holistic bio-psycho-social-spiritual lens mirroring the unified complexity of life itself. Hence a wide array of integrative healing modalities - from advanced nutrigenomics to acupuncture to positive psychology - that engage a person's entire being can beautifully complement and unlock the positive potential of these compelling biohacking technologies [14-16].

This profoundly holistic perspective stemming from decades of scholarly research and clinical expertise ultimately stems in significant part from my childhood and my extensive first-hand studies of energetics and the hidden connectedness of all living systems across a diverse range of traditional healing modalities spanning from ancient Ayurvedic practices to Traditional Chinese Medicine and more. In my presentation to the World Changers Summit, I spoke of the importance of our souls and spirits based on our belief of God, which I wove in and out of the conversation. I focused on synthesized emerging research from fascinating frontiers such as biophotons, morphic resonance, epigenetics, and quantum

biological effects to paint a scientifically grounded picture of the human body and all life as profoundly interconnected spiritually and energetically - an intuited living system where conscious lifestyle choices and practices of functional medicine inherently lay the foundation to optimize revolutionary advances in biohacking. With discernment and balance, I tried to discuss spiritual development in God where I believe it gives us the missing wisdom needed to wisely navigate the double-edged sword of these transformative and incredibly potent new technologies for the good of our species [16-19].

Furthermore, I importantly touched upon and highlighted the genuinely unique responsibilities owed by current pioneering scientists and innovators within the emerging but potent field of evolutionary biohacking to urgently proactively address the numerous relevant complex ethical issues their work, rather than irresponsibly ignoring those difficult conversations to the detriment of humanity. As I illuminated, much of the existing public hesitation, concern, and scepticism surrounding biohacking arise from past well documented historical abuses of medicine and biotechnology for purposes of exerting social control or perpetuating inequality rather than elevating human welfare. Hence cultivating genuine public trust moving forward will require commitments to radical transparency in work, human-centric design of technologies guided by moral wisdom, communicating with citizens in accessible everyday language to enable informed democratic oversight and debate, and ultimately compassionate application of these almost godlike tools only to reduce human suffering and inequality worldwide rather than exacerbate it. I emphasized that while these technologies may seem like they are from God, some of them are developed with the complete opposite goal, warning that arrogance and paganism, could not be a part of this scientific approach. I stressed only through such ethical precautions paired with global cooperation amongst leading nations can revolutionary biohacking technologies justifiably be allowed to progress and be made safely accessible to realize their enormous potential for nearly miraculous enhancement of the human condition for all people. I emphasized that true miracles are from God but that He uses our gifts he has given us as ways to touch and improve our world and our species. The historic World Changers Summit represented only the critical first step in necessitating and spurring these nuanced essential conversations on an international scale amongst the brightest minds across relevant disciplines [8-24].

Moving forward, I firmly believe the field of ethical, progressive evolutionary biohacking and associated advances will become increasingly integral and likely indispensable to the future advancement of the human species and fulfilment of our immense latent potential based upon my decades of scholarly pioneering research into and first-hand clinical application of techniques for significantly upgrading and optimizing the human experience [25,26]. The immensely successful inaugural World Changers Summit undoubtedly marked a profoundly historic milestone in publicly engaging with and enlightening the mainstream dialogue around this

explosively rapidly advancing array of scientific frontiers and technologies poised to reshape the human condition perhaps irrevocably in coming generations. By speaking on stage alongside similarly renowned and visionary luminaries hailing from exceedingly diverse complementary disciplines relevant to this revolution, I hope that I helped lend, anchor, and amplify a balanced, ethical, nuanced, and empowering voice of cautious optimism to the unfolding public conversation that will increasingly shape both our collective understanding of and policies governing this biohacking future bearing down upon us. Going forward, I sincerely looks forward to continuing my collaboration with H.E. Gabrielle and H.E. Dustin Plantlet, as well as, these esteemed vanguard thought leaders across fields to help responsibly guide the conscious evolution of our shared human species through this new era using the wisdom of past millennia paired with the marvels of modern science to reach a techno-spiritual Renaissance, as long as it is guided by God [25-29].

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